



INTRODUCTION

Message From Our Manager

Welcome to our Autumn Newsletter!

We have enjoyed a busy few weeks at Douglas Court, with residents taking part in a lovely mixture of activities, outings and celebrations. Our annual Summer Fayre was a highlight, bringing a little seaside fun to the home, while our trip to Matlock Bath gave residents the chance to enjoy some beautiful scenery and a traditional fish and chip lunch.

Closer to home, our Knit & Natter Club has welcomed some new faces, and our baking sessions continue to be popular. We also hosted a Blue Light Breakfast to show our appreciation for the emergency services and NHS workers who do so much for our community.

It has been lovely to see residents getting involved, trying new things and enjoying time together. Thank you to our staff, residents and everyone who has helped make these activities possible. We hope you enjoy catching up on some of our recent news.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Sign Up Form](#)

Best wishes,

Sian

Sian Rankin
Home Manager

ACTIVITIES & EVENTS

Knit & Natter Club

Our Knit & Natter Club continues to be a popular activity, and we were pleased to welcome some new faces to our latest session. There was plenty of conversation as everyone worked on their knitting, with Hazel taking the time to teach Paul how to knit. It was lovely to see residents sharing their skills and helping one another learn something new.

Our blankets for the RSPCA are also coming along nicely, thanks to everyone's hard work. We are looking forward to arranging a trip to the RSPCA to hand over the finished blankets and, of course, hopefully have a little look at the dogs and cats while we are there.

It is nice to know that something our residents enjoy making will also help support animals in need.



Positive Affirmation Friday

Our Home Manager, Sian, marked Positive Affirmation Friday by handing out positive affirmation quotes to all members of staff. It was a simple but thoughtful way to share a little encouragement and positivity across the team.

Taking a moment to recognise and encourage one another is always worthwhile, and it was a lovely gesture from Sian.



Chocolate Cake at Baking Club

Our Baking Club has been busy again, this time making a delicious chocolate sponge cake. Residents enjoyed getting involved in the baking, and there was certainly something to look forward to once the cake was ready.

Later in the afternoon, everyone sat down to enjoy a slice with a cup of tea. Sometimes a homemade cake and good company are all you need for an enjoyable afternoon.

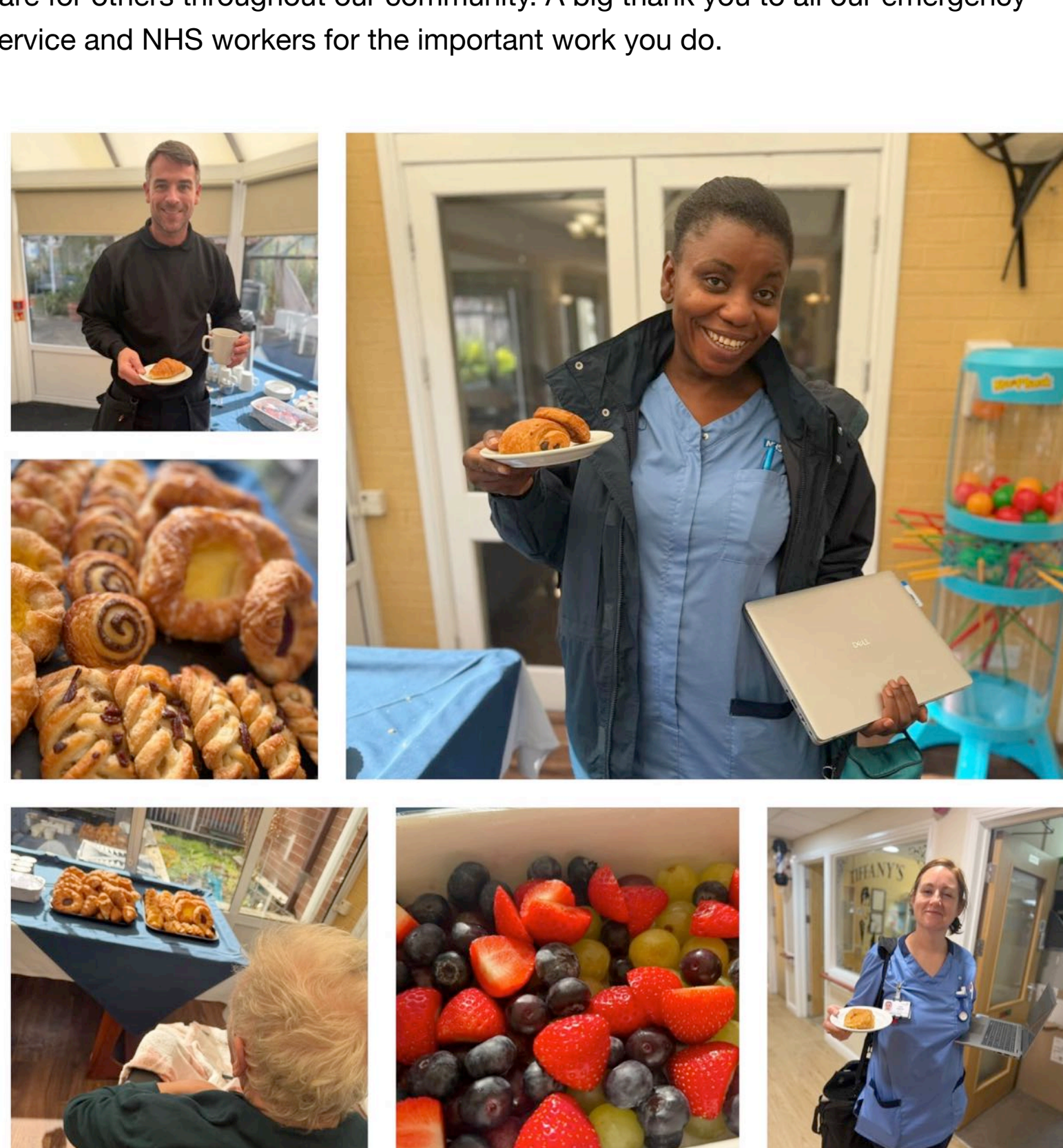


Blue Light Breakfast

We were pleased to host a Blue Light Breakfast as a way of thanking our local emergency services and NHS workers for everything they do.

Our residents enjoyed hosting the breakfast, with a selection of fresh fruit, yoghurts, pastries and breakfast rolls on offer.

It was our way of showing appreciation for the people who work hard to support and care for others throughout our community. A big thank you to all our emergency service and NHS workers for the important work you do.



A Day Out in Matlock Bath

Residents enjoyed a lovely trip to Matlock Bath, making the most of the opportunity to get out and enjoy a lovely day.

We took a walk through the beautiful surroundings, enjoying the views and spending time together before stopping for a traditional fish and chip lunch. Of course, no day out would be complete without a little treat, so we finished with some dinky doughnuts for dessert by the river.

It was a relaxed and enjoyable outing, with good food, lovely scenery and plenty of conversation along the way.

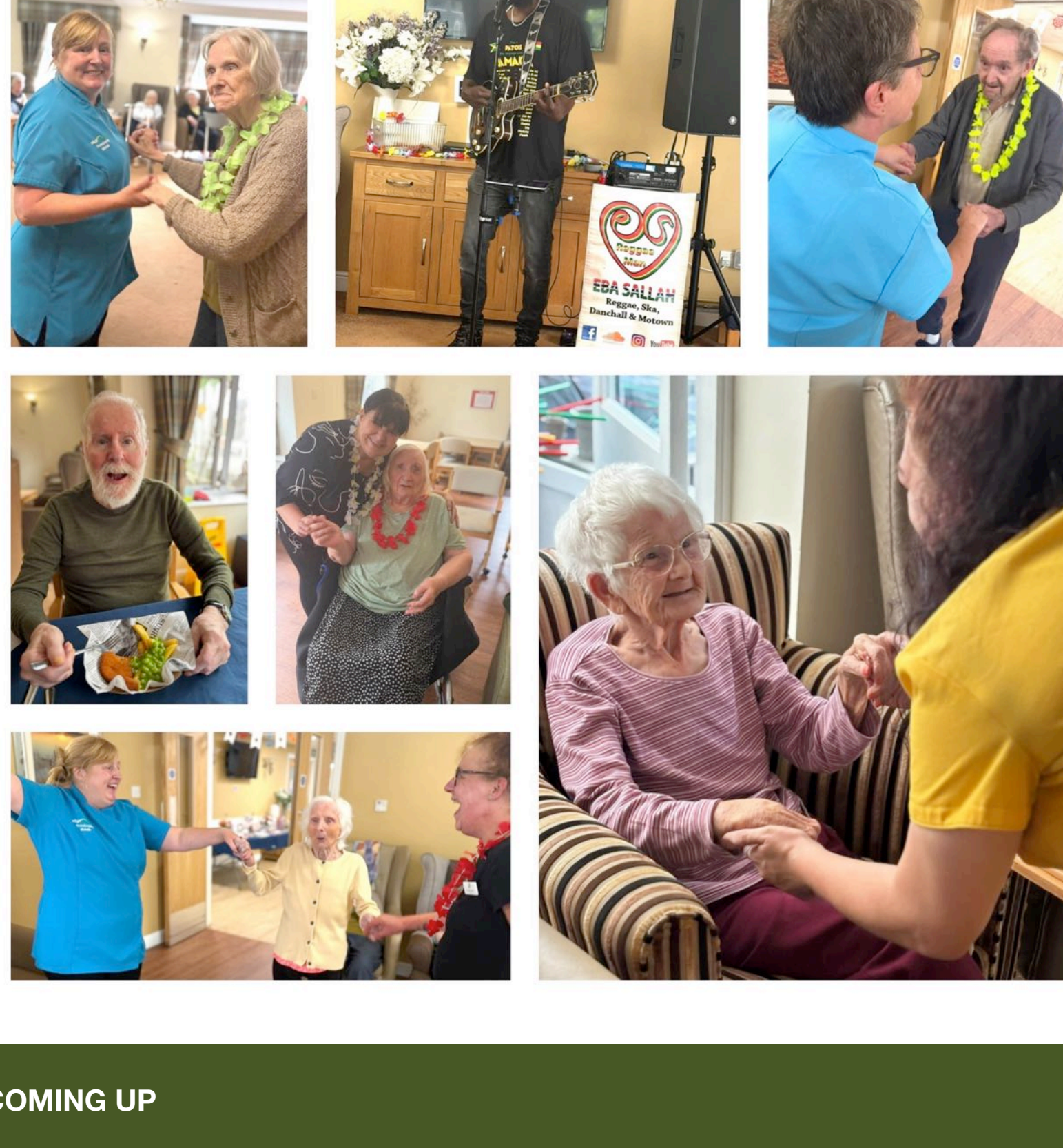


Douglas Court Summer Fayre

We hosted our annual Summer Fayre at the beginning of September, bringing a taste of the seaside to Douglas Court. Residents enjoyed a traditional fish and chip dinner, followed by some familiar seaside treats, including seafood and candy floss.

We were also joined by Reggae Man, who provided the entertainment and brought plenty of music and dancing to the occasion. It was a fun way to round off the summer, with residents enjoying the food, entertainment and time spent together.

Thank you to everyone who helped organise the Fayre and made the day such an enjoyable occasion.



COMING UP

Looking Ahead...

As we move further into autumn, we look forward to continuing with our regular activities and enjoying more opportunities to get out and about.

Our Knit & Natter Club will be busy finishing the blankets for the RSPCA, and we are looking forward to handing them over once they are ready.

There will also be more baking, activities and opportunities for residents to spend time together over the coming months. We look forward to sharing more of our news in our next newsletter.

EXTERNAL LINKS

Social Media

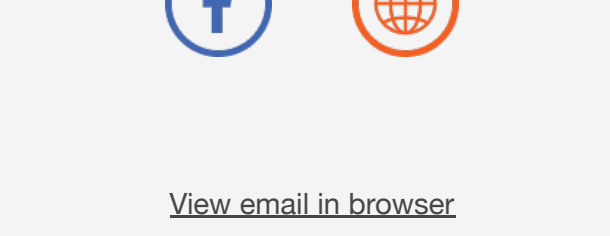
Make sure to check out the Douglas Court Care Home Facebook Page for all our latest photos!

[Don't Forget To 'Like' Us!](#)

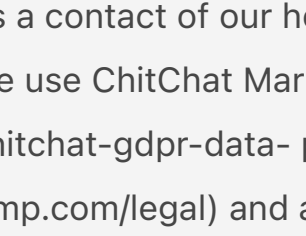
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[Carehome.co.uk Reviews](#)



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